

Psychological History

"How many times have you been treated for any psychological or emotional problems..."

"In a hospital?" ASp01a

"As an outpatient or private patient?" ASp01b

"What psychological or emotional problems have you had? Have you had problems with your mood, sleep, energy, nerves, eating, thinking, memory, or getting along with others?"

Post Traumatic Stress Disorder ASp01c

Obsessive-Compulsive Disorder

Eating Disorder

Depressive Disorder

Mania or Bipolar Disorder

Schizophrenia, Psychotic, or Thought Disorder ASp01CN

Personality Disorder (e.g., Borderline, Paranoid, Antisocial, etc)

Cognitive delays (developmental delays or borderline mental function)

Other (please describe in the comment box below)

Please provide further detail (e.g., specific diagnoses):

"Do you receive a pension for a psychiatric disability?"

ASp02

"Have you had a significant period in which you experienced:" (For the first two items ensure that it was not a direct result of drug or alcohol use.)

"Serious depression, the 'blues' or hopelessness?"

"In your lifetime?" ASp03L

"In the last month?" ASp03M

"In the last 24 hours?" ASp03D

"Was this problem within the last 24 hours related to using drugs or alcohol?" ASp03U

"A lack of interests, or inability to feel normal pleasure from activities?"

"In your lifetime?" ASp03aL


"In the last month?" ASp03aM

"In the last 24 hours?" ASp03aD


"Was this problem within the last 24 hours related to using drugs or alcohol?" ASp03aU

 *"Poor appetite or overeating?"*

<i>"In your lifetime?"</i>	ASp03bL
<i>"In the last month?"</i>	ASp03bM
<i>"In the last 24 hours?"</i>	ASp03bD
<i>"Was this problem within the last 24 hours related to using drugs or alcohol?"</i>	ASp03bU

 *"Feeling bad about yourself, like a failure, or have let others down?"*

<i>"In your lifetime?"</i>	ASp03cL
<i>"In the last month?"</i>	ASp03cM
<i>"In the last 24 hours?"</i>	ASp03cD
<i>"Was this problem within the last 24 hours related to using drugs or alcohol?"</i>	ASp03cU

 *"Moving or speaking slowly compared to others?"*

<i>"In your lifetime?"</i>	ASp03dL
<i>"In the last month?"</i>	ASp03dM
<i>"In the last 24 hours?"</i>	ASp03dD
<i>"Was this problem within the last 24 hours related to using drugs or alcohol?"</i>	ASp03dU


 *"Serious anxiety, tension, or worrying a lot?"*

<i>"In your lifetime?"</i>	ASp04L
<i>"In the last month?"</i>	ASp04M
<i>"In the last 24 hours?"</i>	ASp04D
<i>"Was this problem within the last 24 hours related to using drugs or alcohol?"</i>	ASp04U


 *"An anxiety attack, a sudden feeling of fear or panic?"*

<i>"In your lifetime?"</i>	ASp04aL
<i>"In the last month?"</i>	ASp04aM
<i>"In the last 24 hours?"</i>	ASp04aD
<i>"Was this problem within the last 24 hours related to using drugs or alcohol?"</i>	ASp04aU


 *"Regarding the anxiety attacks you reported earlier..."*

 *"Has an anxiety attack happened more than once?"*

<i>"In your lifetime?"</i>	ASp04bL
<i>"In the last month?"</i>	ASp04bM
<i>"In the last 24 hours?"</i>	ASp04bD
<i>"Was this problem within the last 24 hours related to using drugs or alcohol?"</i>	ASp04bU

 "Do these attacks sometimes happen out of the blue, when you wouldn't normally expect to be nervous or uncomfortable?"

"In your lifetime?"	ASp04cL
"In the last month?"	ASp04cM
"In the last 24 hours?"	ASp04cD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04cU


 "Have you worried about having another attack?"

"In your lifetime?"	ASp04dL
"In the last month?"	ASp04dM
"In the last 24 hours?"	ASp04dD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04dU


 "Do these attacks give you..."

 "Heart racing, pounding, or palpitations?"


"In your lifetime?"	ASp04eL
"In the last month?"	ASp04eM
"In the last 24 hours?"	ASp04eD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04eU

 "Chest pain or discomfort?"

"In your lifetime?"	ASp04fL
"In the last month?"	ASp04fM
"In the last 24 hours?"	ASp04fD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04fU

 "Shortness of breath or a smothering sensation?"


"In your lifetime?"	ASp04gL
"In the last month?"	ASp04gM
"In the last 24 hours?"	ASp04gD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04gU

 "A feeling like choking?"

"In your lifetime?"	ASp04hL
"In the last month?"	ASp04hM
"In the last 24 hours?"	ASp04hD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04hU

 "A sweaty feeling?"


"In your lifetime?"	ASp04iL
"In the last month?"	ASp04iM
"In the last 24 hours?"	ASp04iD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04iU

 "Trembling or shaking?"


"In your lifetime?"	ASp04jL
"In the last month?"	ASp04jM
"In the last 24 hours?"	ASp04jD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04jU

 "Nausea, upset stomach, or diarrhea?"

"In your lifetime?"	ASp04kL
"In the last month?"	ASp04kM
"In the last 24 hours?"	ASp04kD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04kU

 "Dizziness or faintness?"


"In your lifetime?"	ASp04iL
"In the last month?"	ASp04iM
"In the last 24 hours?"	ASp04iD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04iU

 "A feeling like things aren't real?"

"In your lifetime?"	ASp04mL
"In the last month?"	ASp04mM
"In the last 24 hours?"	ASp04mD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04mU

 "Numbness or tingling?"


"In your lifetime?"	ASp04nL
"In the last month?"	ASp04nM
"In the last 24 hours?"	ASp04nD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04nU

 "Chills or hot flushes?"

"In your lifetime?"	ASp04oL
"In the last month?"	ASp04oM
"In the last 24 hours?"	ASp04oD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04oU

 "A fear that you'll lose control or go crazy?"

"In your lifetime?"

ASp04pL

"In the last month?"


ASp04pM

"In the last 24 hours?"

ASp04pD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04pU

 "A fear that you might be dying?"

"In your lifetime?"

ASp04qL

"In the last month?"


ASp04qM

"In the last 24 hours?"

ASp04qD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04qU

 "Have you had a significant period, in which you experienced:"

 "Fidgeting, or so much restlessness that it is hard to sit still?"

"In your lifetime?"

ASp04rL

"In the last month?"

ASp04rM

"In the last 24 hours?"

ASp04rD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04rU

 "Trouble falling asleep, staying asleep, or sleeping too much?"

"In your lifetime?"

ASp04sL

"In the last month?"


ASp04sM

"In the last 24 hours?"

ASp04sD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04sU

 "Getting tired more easily than the average person or having little energy?"

"In your lifetime?"

ASp04tL

"In the last month?"

ASp04tM

"In the last 24 hours?"

ASp04tD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04tU

 "Excessive muscle tension, aches, or soreness?"

"In your lifetime?"

ASp04uL

"In the last month?"

ASp04uM

"In the last 24 hours?"

ASp04uD

"Was this problem within the last 24 hours related to using drugs or alcohol?"

ASp04uU

👤 "Recurring and persisting thoughts, not just excessive worries, that intrude and make you feel bad?"

"In your lifetime?"	ASp04vL
"In the last month?"	ASp04vM
"In the last 24 hours?"	ASp04vD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04vU

👤 "Feeling compelled to do repetitive, excessive behaviors or thoughts to prevent something that would be upsetting?"

"In your lifetime?"	ASp04wL
"In the last month?"	ASp04wM
"In the last 24 hours?"	ASp04wD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04wU

👤 "Feelings of suspiciousness or paranoia, that is, that people were against you or out to get you, when they really were not?"

"In your lifetime?"	ASp04xL
"In the last month?"	ASp04xM
"In the last 24 hours?"	ASp04xD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04xU

👤 "Recurrent thinking about other things that were not true?"

"In your lifetime?"	ASp04yL
"In the last month?"	ASp04yM
"In the last 24 hours?"	ASp04yD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp04yU

👤 "Hallucinations, that is, seeing, hearing, smelling or feeling things that were not there?"

"In your lifetime?"	ASp05L
"In the last month?"	ASp05M
"In the last 24 hours?"	ASp05D
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp05U


👤 "Flashbacks?"

"In your lifetime?"	ASp05aL
"In the last month?"	ASp05aM
"In the last 24 hours?"	ASp05aD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp05aU

👤 "Trouble understanding, concentrating, or remembering?"

"In your lifetime?"	ASp06L
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"In the last month?"	ASp06M
"In the last 24 hours?"	ASp06D
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp06U

 **"Becoming easily annoyed or irritable?"**


"In your lifetime?"	ASp07aL
"In the last month?"	ASp07aM
"In the last 24 hours?"	ASp07aD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp07aU

 **"Trouble controlling violent behavior?"**


"In your lifetime?"	ASp07L
"In the last month?"	ASp07M
"In the last 24 hours?"	ASp07D
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp07U

 **"Thoughts or urges to hurt or fight anyone, or to damage anyone's property?"**


"In your lifetime?"	ASp07bL
"In the last month?"	ASp07bM
"In the last 24 hours?"	ASp07bD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp07bU

 **"Trouble with your attitude or holding onto relationships with others?"**

"In your lifetime?"	ASp07cL
"In the last month?"	ASp07cM
"In the last 24 hours?"	ASp07cD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp07cU

 **"Serious thoughts of suicide, i.e., that you would be better off dead, or wanting to hurt yourself?"**

"In your lifetime?"	ASp08L
"In the last month?"	ASp08M
"In the last 24 hours?"	ASp08D
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp08U

 **"Thoughts of how you might hurt yourself?"**

"In your lifetime?"	ASp08aL
"In the last month?"	ASp08aM
"In the last 24 hours?"	ASp08aD
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp08aU



"Attempted suicide?"

"In your lifetime?"	ASp09L
"In the last month?"	ASp09M
"In the last 24 hours?"	ASp09D
"Was this problem within the last 24 hours related to using drugs or alcohol?"	ASp09U



"Have you taken prescribed medication for any psychological or emotional problem... "

"In your lifetime?"	ASp10L
"In the last month?"	ASp10M
"In the last 24 hours?"	ASp10D

"Are you currently receiving the psychiatric care and services that you need?" (Don't include any alcohol or drug service needs with this item.)" ASp10a

"If you have any emotional problems, do they seem to occur mostly when using or withdrawing, or do they seem to be unrelated to alcohol or drugs? Tell me about the pattern..." ASp12a

"How much have you been troubled or bothered by the previously discussed psychological or emotional problems in the past 30 days?" ASp12

"How many days have you experienced these psychological or emotional problems in the past 30 days?" ASp11

"How difficult have these problems made it for you to work, take care of home, or get along with others?" ASp12b

"How important to you now is counseling for these psychological problems? Why?" ASp13

"How might your emotional problems affect your efforts in recovery?" ASp13a



"How difficult is it for you to take care of your emotional problems? How often do you forget to practice therapy techniques or behaviors or take medicines that you need to stay well?"

Will the patient have difficulty reliably self-managing symptoms and any necessary psychiatric medication?	ASp13b
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"Is it hard for you to work at things that will only pay off in the future?" ASd21d

"Do you usually find you can't wait for things that you really want badly?" ASd21c

Psychological Interviewer Rating



At the time of the interview, is the patient:

	Obviously depressed/withdrawn?
	8
Extremely (persistent symptoms with evidence of or report of impairment)	7
	6
Considerably (overt or persistent symptoms suggesting risk of impairment)	5
	4
Moderately (observable symptoms, no impairment)	3
	2
Slightly symptomatic (patient reports symptoms, no impairment of behavior or function)	1
Not at All	0

ASp14

Obviously hostile?
8
7
6
5
4
3
2
1
0

ASp15

Obviously agitated?
8
7
6
5
4
3
2
1
0

ASp15a

At the time of the interview, is the patient:

	Obviously anxious/nervous?
	8
Extremely (persistent symptoms with evidence of or report of impairment)	7
	6
Considerably (overt or persistent symptoms suggesting risk of impairment)	5
	4
Moderately (observable symptoms, no impairment)	3
	2
Slightly symptomatic (patient reports symptoms, no impairment of behavior or function)	1
Not at All	0

ASp16

Having trouble with reality testing, thought disorders, paranoid thinking?
8
7
6
5
4
3
2
1
0

ASp17

Having trouble comprehending, concentrating, remembering?
8
7
6
5
4
3
2
1
0

ASp18

At the time of the interview, is the patient:

Lethargic or hypersomnolent?	
	8
Extremely (persistent symptoms with evidence of or report of impairment)	7
	6
Considerably (overt or persistent symptoms suggesting risk of impairment)	5
	4
Moderately (observable symptoms, no impairment)	3
	2
Slightly symptomatic (patient reports symptoms, no impairment of behavior or function)	1
Not at All	0

ASp18a

Does the patient show fluctuating orientation at the time of interview or during the past 24 hours?	
	8
	7
	6
	5
	4
	3
	2
	1
	0

ASp18b

Showing retardation in thought/speech, decreased motor activity, stooped or slumped posture?	
	8
	7
	6
	5
	4
	3
	2
	1
	0

ASp18c

At the time of the interview, is the patient:

Having suicidal thoughts?	
	8
Extremely (persistent symptoms with evidence of or report of impairment)	7
	6
Considerably (overt or persistent symptoms suggesting risk of impairment)	5
	4
Moderately (observable symptoms, no impairment)	3
	2
Slightly symptomatic (patient reports symptoms, no impairment of behavior or function)	1
Not at All	0

ASp19

Demonstrating or at imminent risk of uncontrolled violent behavior endangering self or others?	
	8
	7
	6
	5
	4
	3
	2
	1
	0

ASp19a

Indicating any risk of causing harm to others?	
	8
	7
	6
	5
	4
	3
	2
	1
	0

ASp19c

At the time of the interview, is the patient:

Indicating any risk of harm to self or vulnerability to victimization by another?

Extremely (persistent symptoms with evidence of or report of impairment)	7
Considerably (overt or persistent symptoms suggesting risk of impairment)	6
	5
Moderately (observable symptoms, no impairment)	4
	3
Slightly symptomatic (patient reports symptoms, no impairment of behavior or function)	2
	1
Not at All	0

ASp19d

Limited in their ability to contract for safety, should he/she/they become at risk of harm to self or others?

	7
	6
	5
	4
	3
	2
	1
	0

ASp19b

"Does (risk problem) seem to happen mostly during intoxication/use or when you are not drinking or using?"

ASp19e

Given any past history of symptoms of psychiatric decompensation (e.g., paranoia, psychotic thinking, or potential for mental health crisis) how likely is a recurrence at this time?

ASp19f

	8
Extremely (symptoms evident now)	7
	6
Considerably (history and conditions predict high risk)	5
	4
Moderately (positive history and current conditions are similar to past, but patient has better support system or less stress)	3
	2
Slightly (positive history but not under current conditions)	1
	0

What level of supervision/structure will the patient need to remain safe, considering coping skills for safety and self-care?

ASp19g

Extreme (24 hours/day direct supervision and care)
A lot (24 hours/day structure)
Much (20 or more hours/week of clinical services but non-residential setting)
Some (9 to 19 hours/week of clinical services)
A little (1-2 clinical service visits/week)

None at All	8
	7
	6
	5
	4
	3
	2
	1
	0

Is the patient able to safely access the community for work, education, and other community resources? ASp19h

Does the patient carry a psychiatric diagnosis? ASp19i

Anxiety Disorder
Panic Disorder
Agoraphobia

Given the history and any new information, what active psychiatric diagnoses does the patient seem to have (other than substance use disorder)? ASp19j

Post Traumatic Stress Disorder
Social Phobia
Obsessive-Compulsive Disorder
Eating Disorder

Please provide further detail (e.g., specific diagnoses): ASp19jC

Depressive Disorder
Mania or Bipolar Disorder
Schizophrenia, Psychotic, or Thought Disorder
Borderline, Paranoid, Antisocial or Other Personality Disorder
Cognitive delays (developmental delays or borderline intellectual functioning)
Other (please describe in the comment box below)

Does the patient display symptoms indicative of long-term dementia, confusion, or memory loss, or do they have a diagnosis of chronic organic mental disability, such as Alcohol Amnestic Disorder (Korsakoff's Dementia), or Alzheimer's Disease? ASp19k

How would you rate the patient's need for psychiatric/psychological treatment? ASp20

	8
Severe psychological problems (e.g., acutely suicidal, manic, or psychotic)	7
Considerable problems and risk, especially if uses substances (e.g., history of impulsive suicidality, moderate dementia)	6
Moderate problems require close outpatient follow-up (e.g., suicidal thoughts)	5
Minimal psychological issues (i.e., tolerable grief or depressed mood)	4
No psychological (i.e., non-substance) problems	3
	2
	1
	0

Does the patient's current behavior seem inconsistent with reliable self-care, safety, or ability to participate in treatment? ASp20a

Are current problem behaviors so severe as to require continuous limit-setting interventions? ASp20b

Will the patient's mental health needs require a 24-hour controlled, supervised environment?	ASp20c
Are psychiatric evaluation and treatment services accessible to the patient as needed?	ASp20d
Can patient access services such as assertive community treatment and intensive case management?	ASp20e
Is an Addiction Only Treatment, Level 2.1 available and accessible that is closely coordinated or integrated with mental health services?	ASp20f
Is the above information significantly distorted by the patient's misrepresentation?	ASp21
Is the above information significantly distorted by the patient's inability to understand?	ASp22

Global Assessment of Functioning (GAF)

Consider psychological, social, and occupational functioning on a hypothetical continuum of mental health-illness from 0 to 100. Do not include impairment in functioning due to physical (or environmental) limitations.	GAF
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Symptom-Function Scale

<p>Consider the patient's psychological, social, and vocational/educational symptoms and functional issues, if any. Rate the severity of the patient's most concerning issue(s) among these. Do not include impairment in function due to physical or environmental limitations.</p> <p>Severe symptoms such as risk of danger to self or others (e.g., high likelihood of a suicide attempt, frequent violence, manic excitability) AND/OR extreme functional impairment in personal hygiene (e.g., extremely unkempt appearance with noticeable body odor), OR basic communication (e.g., mostly incomprehensible) as suicidal ideation, severe obsessive rituals, delusions or hallucinations, or illogical communications AND/OR seriously impaired function socially (e.g., inability to have friends, neglectful of family members), OR vocationally/educationally (e.g., unable to keep a job, failing/defiant at school, frequent shoplifting). Moderate symptoms such as occasional panic attacks, flat affect, tangential speech AND/OR moderate functional difficulty socially (e.g., limited number or closeness of friendships), OR vocationally/educationally (e.g., frequent conflicts with teachers, or follow-through) Mild symptoms such as occasional difficulty getting to sleep, or mild irritability AND/OR mild or transient functional impairment socially (e.g., relationship conflicts or occasional stealing from household members), OR vocationally/educationally (e.g., problems with job/school performance, attendance or follow-through). No or minimal symptoms such as mild nervousness before public speaking or only occasional arguments with others AND/OR good level of function socially and vocationally/educationally (e.g., participates effectively and comfortably in diverse activities).</p>	SxFctSc
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Comments:

PsyInfoN